

RY 2020-2021

# LIGHTS HERALD

THE OFFICIAL WEEKLY PUBLICATION  
OF ROTARY CLUB OF STA. ANA, DAVAO

CLUB 17130, AREA 2B DISTRICT 3860

The Rotary Club of Sta. Ana (Davao)  
meets every Wednesday, 7:00 PM at the  
Grand Men Seng Hotel, A. Pichon Street,  
Davao City.

Chartered on the 9th of June, 1980, Club No.  
17130, Area 2B, District 3860.



100 Percent  
Paul Harris Fellow Club

**Rotary**  
Sta. Ana (Davao)



**Rotary Opens  
Opportunities**

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Sta. Ana (Davao)  
**Rotary**  
Club



**Rotary Opens  
Opportunities**

**ROTARY CLUB OF STA. ANA (DAVAO)**

Club No. 17130, Area 2B, District 3860

**8th General Membership Meeting**

**September 16, 2020 via Zoom, 8:00 PM**

**P R O G R A M M E**

|                    |                            |
|--------------------|----------------------------|
| Call to Order      | President Joseph H. Soliva |
| Invocation         | PP Arellano O. Espanto, Jr |
| National Anthem    |                            |
| Rotary Hymn        |                            |
| Rotary Information | PP Rameses G. Tancontian   |
| Treasurer's Report | PP Arthur B. Galendez      |
| President's Time   | President Joseph H. Soliva |

**AGENDA :**

- Update on RI / District Challenge
- Upcoming Governor's Visit
- Upcoming District Tree Planting
- Proposed Blood Letting
- District Grant Reimbursement
- Membership Training Seminar
- Upcoming Club Assembly
- Other Matters

Adjournment Pres. Joseph H. Soliva

**Fellowship\*Fellowship\*Fellowship**



## INVOCATION

Father, we thank you for an opportunity to gather here. Bless each person present. We pray that this meeting is successful, productive, and blessed. Holy Spirit, guide us during our discussions. Give us wisdom concerning the issues that we face. Lord, we give you the glory for what we accomplish. In Jesus' name, Amen

## ROTARY HYMN

I want to be a Rotarian for the world  
 Make the Rotary flag, as the flag of peace unfurled  
 I shall serve my community  
 Help achieve universal unity  
 Thru Rotary, I shall dedicate my all  
 World understanding shall be my cherished goal

Refrain:

With the Four Way Test  
 I'll pursue my quest  
 And if I, in a way, help obtain  
 Peace in the world  
 I shall have not lived in vain.

I observe Service Above Self  
 Lend hand to all who need my help  
 I'll get my spouse to involve in Rotary  
 And in Rotary ways, I will train my family  
 (Repeat Refrain – substitute "I" with "We")

Build a bridge for tomorrow's youth  
 Strengthened by nothing but the truth  
 Let's join our hands, there's no reason we'll divide  
 We shall all understand, why the good Lord is our guide

(Repeat Refrain – substitute "I" with "We")

CODA: Peace be achieved  
 So we shall not have lived in vain.

## I'll Make The Difference

**I'm the one who can make the Difference  
 Yes, I will make the difference Against all odds  
 I can live to share my love with others**

**Yes, I will make the difference  
 I can make it take my hand  
 As we make this journey across the land**

**I'm the one who can make the difference  
 Yes, I will make the difference against all odds**

**I can live to share my love with others  
 Yes, I will make the difference  
 I will make it take my hand  
 As we make this journey  
 Across the Land**

**I had the courage to keep goin' on  
 I had the faith when all hope was gone  
 I had the strength to keep holdin' on  
 I can make the difference (3x)  
 Yes I can**

**Cause' I'm the one who can make the difference  
 Yes, I will make the difference against all odds  
 I can live to share my love with others  
 Yes, I will make this journey  
 Across the Land**

**We're the ones who can make the difference  
 Yes, we will make the difference against all odds  
 We can live to share our love with others  
 Yes, we will make the difference  
 We will make it take my hand  
 As we make this journey  
 Across the Land**

**We will make the difference across the land  
 (3x)**

**We will make it, Take my hand!**



Wearing your Rotary pin will provide you the opportunity to talk about Rotary as well as letting people know you are part of one of the best organizations in the world.

# Secretary's Report

By: PE / Sec. Andrew Paul A. Virtucio

| ATTENDANCE REPORT        | September 02, 2020                                 | September 16, 2020                                 |            |            |            |
|--------------------------|--|--|------------|------------|------------|
| Club Activities          | 7 <sup>th</sup> Virtual General Membership Meeting | 8 <sup>th</sup> Virtual General Membership Meeting |            |            |            |
|                          | Davao City   | Davao City   | Davao City | Davao City | Davao City |
| Membership Base          | 23   | 23   | 23         | 23         | 23         |
| Members under Rule of 85 | 1  | 1  | 1          | 1          | 1          |
| Members on Sick Leave    | 1  | 1  | 1          | 1          | 1          |
| Net Membership Base      | 21   | 21   | 21         | 21         | 21         |
| Attendance               | 12   | 12   |            |            |            |



**ROTARIAN**  
**September 14**  
 Cary H. Beatisula  
**September 15**  
 Milgrace C. Driz

**ROTARIAN SPOUSE**  
**September 16**  
 Grace Joy Dumlao

**ROTAKIDS**  
**September 8**  
 Marianne Faith Beatisula  
**September 10**  
 Karen Hope Beatisula  
 Emmanuel Cezar Guerrero  
**September 16**  
 Raphael Josef Guerrero



**September 11**  
 Vincent Edward and Dahlie Lou Ang

**September 17**  
 Arthuro and Bernandita Galendez

# ROTARY INFORMATION

## Why being kind is as important as eve

by Arnold R. Grahl

**Your parents told you to be nice to people. Guess what? They were right. Here's why.**

Doing good doesn't only benefit other people. It helps us, too.

Studies show that helping others boosts serotonin, a neurotransmitter that makes us feel satisfied. Another benefit to feeling rewarded when we do good: It lowers our stress levels. Who couldn't use that right now?

Facing the COVID-19 pandemic, people everywhere are feeling anxious about their health, their families, their jobs, and their futures.

"When we are all feeling lower than we are used to feeling, with some levels of situational depression, we all need a boost," says psychologist Mary Berge, a member of the Rotary Club of Johnstown, Pennsylvania, USA, who has led discussions with many Rotary clubs about coping during the pandemic.

"There has been a lot of research that when we are helping others, or when we are doing something for someone else, our reward centers light up in the brain and our stress levels go down as cortisol is released."

### It feels good to do good

In a [2016 study](#), researchers asked participants about scenarios in which they either gave or received support. The study, published in *Psychosomatic Medicine: Journal of Biobehavioral Medicine*, found that MRI tests showed only the instances of giving correlated to reduced stress and enhanced activity in the brain's reward centers — which suggests that giving support ultimately had greater mental benefits than receiving it.

Researchers at Oslo Metropolitan University in Norway and the Technical University of Dortmund in Germany explored the relationship between volunteering and well-being in 12 European countries, noting the relative lack of such studies outside the U.S. Their [2018 analysis](#) found that people who are or have been volunteers report greater well-being than people who have not.

And in a 2013 Canadian [study](#) posted by the National Library of Medicine, researchers looked at the effect on the cardiovascular health of adolescents who do volunteer work. The study confirmed that helping people reduced the volunteers' body mass index and other cardiovascular risk factors.

### Coping during the pandemic

Berge, a training leader for Rotary, saw anxiety rising among her patients because of the pandemic and developed the [Staying Sane During COVID-19](#) presentation. She has delivered the talk by videoconference more than 70 times, mostly at Rotary-related events.

"Rotarians in particular have a high need for being compassionate," says Berge. "In my Zoom meetings, I hear people say, 'What can we do to help?' They are desperate to get that feel-good feeling again. I think they see that in doing these things, it relieves our own stress, sadness, anxiety, and irritability."

Rotary member Jenny Stotts, a social worker, child advocate, and trauma specialist, has [written about](#) how we can increase our resiliency, adapt to adversity during the pandemic, and emerge stronger.

"When we express meaningful and intentional gratitude or engage in planned acts of kindness, we experience the benefits of serotonin and dopamine, which are two neurotransmitters responsible for us feeling pleasure or joy," says Stotts, a member of the Rotary Club of Athens Sunrise, Ohio, USA. "Not only do we benefit others from this activity, but it has a way of recharging our batteries."

Stotts notes that when we do acts of good repeatedly, something interesting happens in our brains. "If we engage in a regular daily practice of kindness and gratitude, we are essentially carving out pathways within our brain that make us healthier and a little more emotionally stable."

Because of all this, Stotts tells her staff and clients, "You deserve to be your kindest self."

Rotary members may not realize the significant role they can play in changing how people think, Stotts says.

"When we, as leaders in our community, adapt a way of thinking — that level of intentional gratitude and intentional kindness — we have a way of setting a really good example," she says. "I think it is a calming and stabilizing force. We can set that tone for our entire club and for our communities."

## **A Look at the History of the Rotary Club of Sta. Ana Davao**

### ***Organization***

The dawning of new day in the life of Rotary International in Davao unfolded when 36 prominent men – business executives, captains of industry and top professionals – led by Mr. Sebastian “Anggie” L. Angliongto met in February 1980 to form a rotary club to be named the Rotary Club of Sta. Ana (Davao), the Club for brevity.

Months preceding that historic meeting, Mr. Angliongto was tapped by the pillars of the Rotary Club of Central Davao (RCCD), namely PP Emilio “Miming” Palma Gil, PP Alfonso “Al” Lopez and PP Jose “Peping” Abella, to organize the new club. With his vast experience in developing and managing a world-renown civic group such as the Jaycee International (JCI), which he once served as the world’s executive vice president, Mr. Angliongto readily accepted the challenge.

Through the sponsoring and nurturing of RCCD, the Club was chartered on August 8, 1980 under the jurisdiction of Rotary International (RI) District 3860 with Club Identification No. 17130 issued by the RI.

### ***Core of Charter Members***

Mr. Angliongto’s stature in the business community and his known deep involvement in civic work led him to meet and develop friendship with the who’s who in the business sector. They were the very ones whom he had invited, including two prominent Dabawenyos who volunteered to join the Club and be among its core charter members.

Worthy of honor and remembrance in those glory days of the Club were the prominent personas present in that historic organizational meeting. They included Mr. Angliongto, Atty. Wilgefortes Escudero, Atty. Jose Sevilla, Mr. Edmundo N. Madrazo, Mr. Pedro Durano, Atty. Martin Suelto and John Y. Gaisano Jr., all seven of them past presidents of the Davao City Chamber of Commerce and Industry, Inc. (DCCCII), the sole organization of Davao City’s top businessmen, traders, industrialists and agriculturists. To this day, the Club enjoys the distinction of being the only club led by seven past presidents of the Davao City Chamber.

Mr. Henry Tek Seng Lim, owner of the NCCC Supermarket and known philanthropist, Mr. Dante Abaca, senior vice president of United Coconut Planters Bank and hotelier, and Mr. Roman J. Cuison Jr., a practicing lawyer and owner of the Cuison Hotel, were also part of the core group.

Also worth mentioning is the fact that Atty. Escudero and Atty. Sevilla had served as district governor and district deputy governor, respectively, of Lions Club International, before volunteering to join the Club.

The Club had elected Mr. “Anggie” Angliongto as Charter President and Atty. “Joe” Sevilla as Charter Secretary.

Later in the Club’s existence, two of its past presidents –PP “Mart” Suelto and PP Pedrito “Pedring” Salvador were elected members of the Davao City Council, the law-making body of the city.

In the span of 14 years from the Club’s chartering date, 12 of the charter members had the opportunity to lead the Club as Presidents.

### ***Meeting Places***

The venues of Club’s weekly meetings during the last 36 years were the following places:

1. Chicken’s Delight at Villa-Abrille St., every Saturday at noon time.
2. Cuison Hotel along J.P. Laurel Avenue in Bajada, every Saturday at noon time.
3. Hotel Maguindanao at Claro M. Recto Avenue, every Wednesday in the evening.
4. Grand Men Seng Hotel at Antonio Pichon Sr. Avenue (formerly Magallanes Avenue), every Wednesday in the evening.

As the checkered business history of Davao City would have it, the first three venues are now defunct, save for Grand Men Seng Hotel which has remained the meeting place to this very day.

### ***Projects Undertaken***

The Club has been the wellspring of meaningful community service projects. Among its award-winning projects is the medical and dental services conducted with regularity in the hinterlands with members of the indigenous tribes as beneficiaries and the scholarships granted to poor and deserving students.

### ***Club Distinctions Received from RI District 3860***

In the almost four decades of its existence, the Club has notched several major accomplishments in each decade.

#### ***In the First Decade (between 1980 and 1990):***

- In 1982 and 1983, Charter President Anggie Angliongto was appointed District Youth Chair and concurrently Special Governor's Representative.
- In 1983, the Club hosted the District Conference (DISCON) of District 3860 in Davao City, the first three-year old club to achieve such a feat in the annals of Philippine Rotary.
- Immediately thereafter, the Club forged Sisterhood covenants with Rotary Clubs (RCs) in other parts of the country such as RC Cagayan de Oro, RC Downtown Manila and RC Malabon.
- Forged Sisterhood agreements with foreign Rotary Clubs, namely RC Korabane in Japan, and RC Sampare in Melbourne, Australia.

#### ***In the Second Decade (between 1991 – 2000)***

- In 1997-1998, during the term of President Cerio "Cerg" B. Javellana, the Club garnered the highest District awards given by District 3860:
- Awarded the Club as the "Most Outstanding Club" in Category II (Club with less than 35 members).
- Awarded President Cerio "Cerg" B. Javellana as the "Most Outstanding President" in Category II.
- Awarded Secretary Alfredo "Fred" I. Gelua as the "Most Outstanding Secretary" in Category II.
- In that same year, the Club won as the Championship for the bowling tournament of all the 23 Rotary Clubs in Davao City.
- In 1998-1999, District 3860 awarded President Alfredo "Fred" I. Gelua as the "Outstanding Club President".

#### ***In the Third Decade (between 2001-2010)***

- In 2008 – 2009, during the term of President Cary "Cary" H. Beatisula, District 3860 awarded the Club as the "Most Outstanding Club in Mindanao".
- In 2008 – 2010, the Club won twice as the Champion for the bowling tournament of Rotary Clubs in Davao City.

#### ***In the Fourth Decade (between 2011 – 2016)***

- In 2011 – 2015, won four times as the Champion for the bowling tournament of Rotary Clubs in Davao City.
- In 2011 – 2012, District 3860 awarded President Felix "Allan" T. Fabian the "Meritorious Service Award" as the Chair of District Fund Raising Raffle.
- In 2014 – 2015, during the term of President Amelio "Boy" P. Batohanon, PHF, District 3860 conferred to the Club the honor as a "100% Paul Harris Fellow Club".
- In that same year, the Club forged Sisterhood agreement with RC Dadiangas.

### ***First District 3860 Governor from the Club***

A high point in the Club's glorious history was the election of one of its illustrious leaders –Past President Remegio "Boy" Salanatin – as District Governor of RI District 3860, an unprecedented event in the life of the Rotary Club of Sta. Ana (Davao).

# Rotary Club Sta. Ana Davao Members



## Where to make-up in Davao City

|              |                          |   |            |
|--------------|--------------------------|---|------------|
| <b>Mon</b>   | <b>RC Central Davao</b>  | Grand MenSeng Hotel<br>Secretary Maribel: 0948-767-3228 | 7:00 P.M.  |
| <b>Tues</b>  | <b>RC East Davao</b>     | Marco Polo Davao<br>Secretary Sheila: 0920-953-4196     | 12:15 P.M. |
|              | <b>RC Matina Davao</b>   | Lispher Inn<br>Secretary Rose: 0922-850-8181            | 7:00 P.M.  |
| <b>Wed</b>   | <b>RC Davao 2000</b>     | Happy Homes<br>295-7053                                 | 6:30 P.M.  |
|              | <b>RC Downtown</b>       | Grand Men Seng Hotel<br>Secretary Neldz: 0939-273-196   | 12:00 P.M. |
|              | <b>RC South Davao</b>    | Marco Polo Davao<br>Secretary Chat2: 0922-892-7018      | 12:15 P.M. |
|              | <b>RC Sta. Ana Davao</b> | Grand Men Seng Hotel<br>Secretary                       | 6:30 P.M.  |
|              | <b>RC Pag-asa</b>        | Lispher Inn<br>Secretary Janeth: 0923-289-1319          | 7:00 P.M.  |
|              | <b>RC Calinan Davao</b>  | M Rose  | 7:00 P.M.  |
| <b>Thurs</b> | <b>RC Davao</b>          | Mandaya Hotel<br>Secretary Jackie: 227- 31075           | 12:00 P.M. |
|              | <b>RC Waling Waling</b>  | Grand Men Seng Hotel                                    | 12:30 P.M. |
|              | <b>RC West Davao</b>     | Marco Polo Davao<br>Secretary Joe: 222-8840             | 12:15 P.M. |
| <b>Fri</b>   | <b>RC North Davao</b>    | North Davao Club House<br>Secretary Wilma: 305-0757     | 6:30 P.M.  |

## ROTARY MONTHLY THEMES

|   |   |
|---|---|
| <p><b>JULY</b><br/>New leadership Month</p> <p><b>AUGUST</b><br/>Membership and New Club Development</p> <p><b>SEPTEMBER</b><br/>Basic Education and Literacy</p> <p><b>OCTOBER</b><br/>Economic and Community Development</p> <p><b>NOVEMBER</b><br/>Rotary Foundation</p> <p><b>DECEMBER</b><br/>Disease Prevention and Treatment</p> | <p><b>JANUARY</b><br/>Vocational Service</p> <p><b>FEBRUARY</b><br/>Peace and Conflict Prevention/Resolution</p> <p><b>MARCH</b><br/>Water and Sanitation</p> <p><b>April</b><br/>Maternal and Child Health</p> <p><b>MAY</b><br/>Youth Service</p> <p><b>JUNE</b><br/>Rotary Fellowships</p> |
|---|---|

### CERTIFICATE

*This serves as make-up certificate*

**Name of Rotarian:** \_\_\_\_\_

**Club** : \_\_\_\_\_

**Date/Time** : \_\_\_\_\_

**Sign by** : \_\_\_\_\_

**Attested by** : PE/Sec. Andrew Paul A. Virtucio



# CLUB OFFICERS

## ROTARY YEAR 2020-2021

|                                      |  |
|--------------------------------------|--|
| <b>President:</b>                    | Joseph "Bong" H. Soliva, RFSM  |
| <b>Immediate Past President:</b>     | Philip "Phil" C. Dumlao, PHF+1   |
| <b>President Elect/Secretary:</b>    | Andrew Paul "Pong" A. Virtucio, PHF  |
| <b>Treasurer:</b>                    | Arthur "Art" B. Galendez, PHF+1  |
| <b>Auditor:</b>                      | Christienora "Christie" B. Tancontian, PHF   |
| <b>Club Admin:</b>                   | Corina "Corin" Y. Guerrero, PHF+4  |
| <b>Protocol Officer:</b>             | Vincent Edward "Ed" L. Ang, Major Donor Level 1                                    |
| <b>The Rotary Foundation:</b>        | Amelio "Boy" P. Batohanon, PHF+1   |
| <b>Family of Rotary:</b>             | Dahlie Lou "Dahlie" C. Ang, Major Donor Level 1                                    |
| <b>Club Membership:</b>              | Arellano "Jun" O. Espanto Jr., PHF   |
| <b>Rotary Community Corps:</b>       | Remegio "Boy" G. Salanatin, Major Donor Level 1<br>Florencio "Flo" Z. Solarte, PHF |
| <b>Public Image:</b>                 | Bernandita "Tess" A. Galendez, PHF   |
| <b>Orientation and Education:</b>    | Cary "Cary" H. Beatisula, Major Donor Level 2                                      |
| <b>Community Service:</b>            | Rameses "Ramsey" G. Tancontian, PHF+2  |
| <b>New Generation/Youth Services</b> | Mortchill Lorraine "Rain" P. Ang, PHF  |
| <b>Vocational Service:</b>           | Milgrace "Grace" C. Driz<br>Lenibeth "Lenny" M. Espanto                            |
| <b>International Service:</b>        | Cary "Cary" H. Beatisula, Major Donor Level 2<br>Rosenie "Zoe" A. Phillips, PHF    |

# ROSTER OF MEMBERS

ROTARY YEAR 2020-2021

DAHLIE LOU C. ANG

*MAJOR DONOR Level 1*

*Auto Parts Supply*

VINCENT EDWARD L. ANG

*MAJOR DONOR Level 1*

*Truck Parts Auto Supply*

MORTCHILL LORRAINE P. ANG

*PHF*

*Property Leasing*

AMELIO P. BATOHANON

*PHF+1*

*Bakery*

CARY H. BEATISULA

*MAJOR DONOR Level 2*

*Structural Engineering*

JALIKA MAE BUENAVENTURA

*Lawyer*

ELTON T. CERNA

*Financial Consulting*

PHILIP C. Dumlao

*PHF +1*

*Life Insurance / Broker*

MILGRACE C. DRIZ

*Philippine National Police*

ARELLANO O. ESPANTO JR.

*PHF*

*Financial Advisor*

LENIBETH M. ESPANTO

*Trucking / Quarry*

ARTHURO B. GALENDEZ

*PHF+1*

*Press Supplies*

BERNANDITA A. GALENDEZ

*PHF*

*Hog Raising*

CORINA Y. GUERRERO

*PHF+4*

*Neuro- Ophthalmology*

ROSENIE A. PHILLIPS

*PHF*

*Food Service*

REMIGIO G. SALANATIN

*MAJOR DONOR Level 1*

*Construction*

FLORENCIO Z. SOLARTE

*PHF*

*Non-Life Insurance*

JOSEPH H. SOLIVA

*RFSM*

*Uni- Banking*

CHRISTHENORA B. TANCONTIAN

*PHF*

*Industrial Engineering*

RAMESES G. TANCONTIAN

*PHF+2*

*Architecture*

NANCY M. WONG

*Professional Chef*

ANDREW PAUL A. VIRTUCIO

*PHF*

*Gas & Oil Retailer*

PEPITO F. YPIL JR.

*PHF*

*Agricultural Fertilizer*

# 7th Virtual General Membership Meeting via Zoom

September 02, 2020





**CLASSIFICATION TALK - ELTON T. CERNA**





**ELTON T. CERNA, BIM-MP, RFC**  
 Founder and Group Head – Your North Financial Group  
 First Your North Branch – Manulife Philippines

**Sales Talent Scout  
 Trainer & Coach**

- Dream-Maker
- Life-Changer


Sta. Ana (Davao)  **Rotary** Club  **Rotary Opens Opportunities**

**ROTARY CLUB OF STA. ANA (DAVAO)**  
 Club No. 17130, Area 2B, District 3560  
**7th General Membership Meeting**  
**September 02, 2020 via Zoom, 8:00 PM**

**PROGRAMME**

|                    |                            |
|--------------------|----------------------------|
| Call to Order      | President Joseph H. Soliva |
| Invocation         | PP Arellano O. Espanto, Jr |
| National Anthem    |                            |
| Rotary Hymn        | PP Corinna Y. Guerrero     |
| Rotary Information | PP Arthur B. Galendez      |
| Treasurer's Report | President Joseph H. Soliva |
| President's Time   |                            |

**AGENDA:**  
 - Classification Talk of PP Elton Cerna (Financial Consulting)  
 - Other Matters

Adjournment Pres. Joseph H. Soliva

Fellowship\*Fellowship\*Fellowship

**Site inspection for proposed tree planting site for Area 2 clubs with District Governor Riezl Reyes, DENR Senior Specialist Arcel Dela Cruz, and District Chair Area of Focus Arturo B. Galendez at Brgy. Marahan West Marilog District**

**September 08, 2020**



**Singapore**  
2020 ROTARY INSTITUTE

**Rotary**  **4-6 DECEMBER**  
Zones 1B, 9, 10(A, B, C)  
Suntec Singapore  
Convention & Exhibition Centre

